Harris Hip Score

Please answer the following questions:

PAIN

- ○ None or Ignores it
- ○ Slight, occasional, no compromise in activity
- ○ Mild Pain, no effect on average activities, rarely moderate pain with unusual activity, may take aspirin
- ○ Moderate pain, tolerable but makes concessions to pain. Some limitations of ordinary activity or work. May require occasional pain medication stronger than aspirin.
- ○ Marked pain, serious limitation of activities
- ○ Totally disabled, crippled, pain in bed, bedridden

LIMP

- ○ None
- ○ Slight
- ○ Moderate
- ○ Severe or unable to walk

SUPPORT

- ○ None
- ○ Cane/walking stick for long walks
- ○ Cane/walking stick most of the time
- ○ One crutch
- ○ Two Canes/walking sticks
- ○ Two crutches or not able to walk

DISTANCE WALKED

- ○ None
- ○ Six blocks (30 minutes)
- ○ Two or three blocks (10-15 mintues)
- ○ Indoors Only
- ○ Bed and chair only

SITTING

- ○ Comfortably, ordinary chair for one hour
- ○ On a high chair for 30 minutes
- ○ Unable to sit comfortably on any chair

PUBLIC TRANSPORTATION

- ○ Yes
- ○ No

STAIRS

- ○ Normally without using a railing
- ○ Normally using a railing
- ○ In any manner
- ○ Unable to do stairs

ACTIVITIES - Shoes, socks

- ○ With ease
- ○ With difficulty
- ○ Unable

ABSENCE OF DEFORMITY: (All Yes=4; Less than 4=0)

a. Less than 30° fixed flexion contracture
   Yes No
b. Less than 10° fixed adduction
   Yes No
c. Less than 10° fixed internal rotation in extension
   Yes No
d. Limb length discrepancy less than 3.2cm
   Yes No

RANGE OF MOTION (*indicates normal flexion (*140°)

Flexion (*140°) _____

Abduction (*40°) _____

Adduction (*40°) _____

External Rotation (*40°) _____

Internal Rotation (*40°) _____

Range of Motion Score _____

RANGE OF MOTION SCALE

(5) 211° - 300°
(4) 161° - 210°
(3) 101° - 160°
(2) 61° - 100°
(1) 31° - 60°
(0) 0° - 30°